



October Resolutions



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I resolve to exercise 18 times before Halloween.

I resolve to drink an unreasonable amount of water 20 times before Halloween.

I resolve to purchase Halloween Candy on October 31st. If all the "good stuff" is gone I will pass out dental floss.

I accept that passing out dental floss is like painting a target on my house that says EGG ME.

I understand that the neighborhood children are not evil.. they're acting out as a result of a diabetic rage. I can blame the neighbors for this.

26 Days until Halloween Checklists

Exercise - 18 Days of Exercise between now and Halloween

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						Oct 31

Good Water Days - 21 Days between now and Halloween I will drink an unreasonable amount of water

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						Oct 31

- October 30 Buy Candy
- October 31, 30 Min. before trick or treaters arrive squeeze into uncomfortable pants
- October 31 seconds before my neighborhood trick or treating begins *open* candy
- Periodically squeeze flab using over waist band as candy deterrent
- November 1, 2008 aggressively destroy candy
- November 1, 2008 avoid the aggressively distributed candy at the office
- November 1, 2008 beg children to hide candy